

## Les gorges de l'Ardèche: North side

### For 2 days

#### Vallon to St Remèze

Day 1 : You go on GR4 way on « le plateau des Gras », From there you admire the magnificent view of the large site Pont d'Arc, beautiful views of the canyon.

This old way of prehistory in the shade under the oaks. “Combe long” after you arrive in the hamlet of Patroux and soon the village St Remèze . 15km.

Day 2 : The return is on a path of country that offers a beautiful view over the Ardèche mountains in the distance. We return to the farm “la Selle” in the suburbs of Vallon. 13 km



### For 3 days

#### Vallon to St Remèze

Day 1 : You go on GR4 way on « le plateau des Gras », From there you admire the magnificent view of the large site Pont d'Arc, beautiful views of the canyon.

This old way of prehistory in the shade under the oaks. “Combe long” after you arrive in the hamlet of Patroux and soon the village St Remèze. 15km.

Day 2: you can go down to the Ardèche river on an old mule track.

Swimming is possible on this very secluded cove.

You will go to St Remèze sleep because in the nature reserve Can't be wild camping. 10km.



Day 3: The return is on a path of country that offers a beautiful view over the Ardèche mountains in the distance. We return to the farm “la Selle” in the suburbs of Vallon. 13 km

### List of accommodation in St Remèze

<i>where</i>	<i>accomodations</i>	<i>phone</i>	<i>capacity</i>	<i>restauration</i>	<i>pool</i>
St Remèze Day 1, 2, 3  <a href="http://www.saint-remeze.com">www.saint-remeze.com</a>	<b>Camping de la résidence</b>	+334.75.04.26.87 <a href="http://www.campinglareidence.net">www.campinglareidence.net</a>	60 campsites mobil home	yes	yes
	<b>Camping farm Le Lavoir</b>	+334.75.04.12.95 <a href="mailto:lambertmartine@aol.com">lambertmartine@aol.com</a>	10 campsites + night en Mobil Home	At 200 m	yes
	<b>Hôtel – restaurant Of St Remèze</b>	<b>(Change of ownership) Opening in april</b>	6 rooms	yes	no
	<b>Gîte d'étape</b>	+334.66.29.85.89	15 beds (2 rooms) 15 €/night/pers	At 100m	no

Indicative prices of accommodation can not enter trekane

## Les gorges de l'Ardèche South side

### For 2 days

#### Vallon to Vagnas or Labastide de virac

Day 1: Ride 12 km into the forest by nice tracks forest. Tagging country.

Day 2: The return is on a path of countries

We return to the farm "la Selle" by the suburbs of Vallon. 13 km



### For 3 days

#### Vallon to Vagnas or Labastide de virac

Day 1: Walk 12 km into the forest by nice tracks forest. Tagging country.

Day 2: Or you can descend to depths of Gorges de l'Ardèche or go on Orgnac. Visit the Orgnac cave and the regional museum of prehistory. 8 to 10 km.

Day 3: Back Orgnac by the GR4 - 15 km or return from Labastide to Vallon- 12 km.

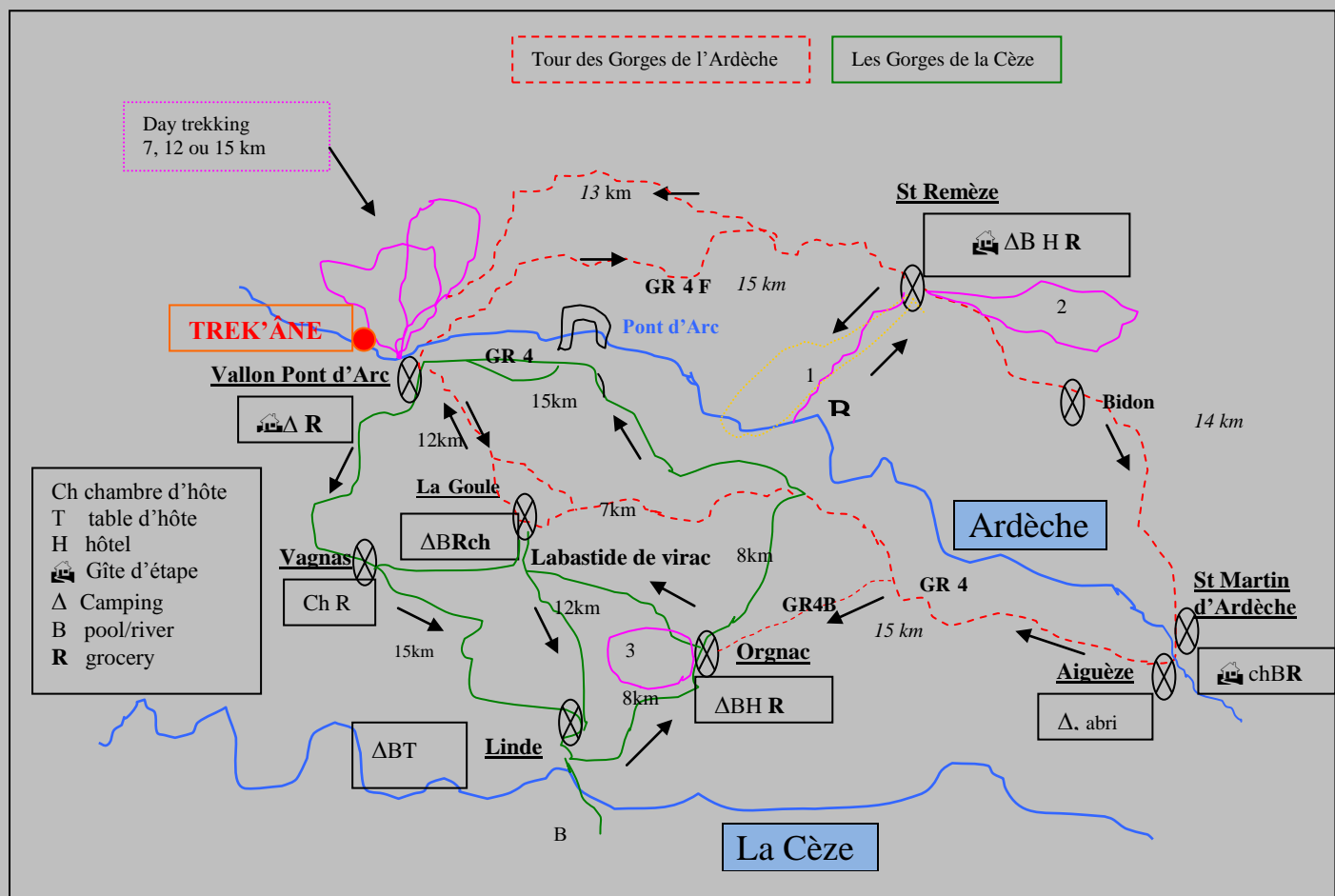


### List of accommodation in Vagnas, Labastide of Virac and Orgnac

Where	acomodation	phone	capacity	restauration	pool
Vagnas Day 1 or 2 <a href="http://www.vagnas.com">www.vagnas.com</a>	<b>Chambres d'hôtes</b> Le Couvent	04.75.38.68.84 <a href="http://www.couventvagnas.fr">www.couventvagnas.fr</a>	5 rooms 38 €/2 pers 49 €/3 pers	at 200m (6 €/breakfast on place)	No
Orgnac Day 2	<b>Hôtel-restaurant***</b> L'Aven (in the village)	04.75.38.61.80 <a href="http://www.aven-sarrazin.com">www.aven-sarrazin.com</a>	25 rooms 60 à 64 €/2 pers.	yes	No
	<b>Hôtel-restaurant**</b> Les Stalagmites (in the village)	04.75.38.60.67 <a href="http://www.lesstalagmites.com">www.lesstalagmites.com</a>	25 rooms 43€/2pers minimum	yes	No
<a href="http://www.orgnacvillage.com">www.orgnacvillage.com</a>	<b>Hôtel-restaurant**</b> Le Diaprisyus (near Orgnac cave)	04.75.38.60.68 <a href="http://www.audiaprisyus.com">www.audiaprisyus.com</a>	6 rooms 50 €/2 pers.	yes	No
	<b>Camping municipal</b>	04.75.38.63.68 <a href="mailto:info@orgnacvillage.com">info@orgnacvillage.com</a>	Area hiker 14 €/campsites	yes	yes
Labastide de virac <a href="http://labastidedevirac.free.fr">http://labastidedevirac.free.fr</a> Day 1or 2	<b>Hostel</b>	04.75.38.66.97. <a href="http://www.auvieuxporche.com">www.auvieuxporche.com</a> (Change of ownership) Opening in april	2 rooms € ? /2 pers Meals from € ?	yes	No
La Goule Day 1or 2	<b>Camping farm</b> Donkey park 1,40 euros/donkey	04.75.38.61.24 <a href="http://www.campinglagoule.com">www.campinglagoule.com</a>	25 campsites Adult/ 9 € children (2 to13)/ 6 € children -2years free	Not but Mini Grocery	pool Swimwear mandatory

Indicative prices of accommodation can not enter trekane

# Map Tour



Bivouac possible at Labastide de Virac

- At each location of private enclosures are available for our donkeys and their food.

IGN Map Top 25 : n° 2939 "Gorges de l'Ardèche"

- Pretty loops are possible around St Remèze or Orgnac or if you want to stay

2 nights for stewardship lighter especially for campers.

**Before or after your hike, you can book either gîte d'étape-neighbor**

<http://www.etalondesestrades.com> tél +33 04.75.38.81.34 or 06.10.23.17.18 at 200m

or in the village [www.escapade-loisirs.com](http://www.escapade-loisirs.com) tél.+33 04.75.88.07.87. at 1 km

Camping near [www.camping-esquiras.com](http://www.camping-esquiras.com) at 300m

**Find tons of addresses on the website of the tourist village**

<http://www.vallon-pont-darc.com>

## List of equipment for an adventure in Ardeche with Grisetete, Lili Simone, Lulu ...

### Physical Preparation

Provide rides for 8 to 15 km twice a week a month before the start, taking a backpack and using the shoes you wear during your hike.

During the march to drink at least two liters of water per stage

### My équipement and things

The choice of the three following elements is essential for your comfort and safety

- Walking shoes, rising, good quality and you have already used.

1 Comfortable backpack that you'll back on the day (about 2 kg of water + mobile + camera

1 cap. 1 tube sunscreen).

1 bag or backpack for your clothes. Put the clothes in a garbage bag. In case of rain everything will be dry.- (clothing on you or in the bag)

3 tee-shirts in cotton sweat

1 sweat in polar

3 pants

1 cotton shirt (for evening)

1 lightweight pajamas 1 pantalon léger de randonnée avec poches sur côté

2 hiking shorts with pockets also

3 pairs of socks double type two in one, anti bulb

1 parka

1 hiking poncho in case of rain

1 pair of sandals for the evening light

1 sleeping bag

1 bag of 2 liters water to put in the bag with hose (very convenient to drink regularly in small quantities)

#### - Grooming Kit:

1 small soap

1 small toothbrush

1 small tube of toothpaste

1 towel

#### - Kit drugs:

1 prescription from your doctor if necessary for your regular medications

1 small scissors

Expect some units of drugs for vomiting, diarrhea, insect bites, headache

#### - Wash Kit:

1 small tube of liquid detergent for hand washing

1 nylon cord

8 clothespins

1 flashlight

#### - Documents

1 credit card

1 Identity card

Cashout at Vallon Pont d'Arc, but not after.

1 pocket trail map (practical and waterproof)

Do not overload or donkey yourself and your whole crew walk with pleasure.

Donkeys help carry your bags of clothes unless they are too heavy, be reasonable.

PS. the list is an advice.

To return to this adress

Trek'âne

Thévenin Martine

Chemin de la Selle

07150 Vallon Pont d'Arc

Phone: +334 75 88 11 13

06 87 21 15 34

### Booking form

Name : \_\_\_\_\_

firstname : \_\_\_\_\_

Adress : \_\_\_\_\_

phone. \_\_\_\_\_

Mobile \_\_\_\_\_

Number of participant : \_\_\_\_\_

Adults : \_\_\_\_\_

children : \_\_\_\_\_ Age : \_\_\_\_\_

Number donkey rent : \_\_\_\_\_

Choices tour : \_\_\_\_\_

Date of hiking : to \_\_\_\_\_ at \_\_\_\_\_

Send me a 30% deposit please

Total sent: \_\_\_\_\_

The balance will be paid on departure

The deposit will not be refundable if

Cancellation by the client, but when used

a subsequent lease of donkeys in the same year.

A possible repatriation will be paid by the customer.

Departures are at 8 pm 30 at the farm.

I have read the Terms and Conditions.

Write at \_\_\_\_\_ the \_\_\_\_\_

Signature :

**Thank you indicate your  
accommodation,**

**This allows us to provide hay and barley  
need to donkeys in the relay.**

Day 1:

Day 2:

Day 3:

Day 4:

### Hiring prices for 2010

**Hiring for donkey, pack-saddle and itinerary ....**

**1 day / 50 € - 2 days / 90 € - 3 days / 135 €**

**4 days / 180 € - 5 days / 225 € - 6 days / 270 €**

**1 week 315 €**

***5% reduction is given if you hire at least 3 donkeys and  
3 days in a row and 10% if 2 donkeys and a week.***

Number bank transfert

Crédit agricole de Vallon pont d'arc - code banque : 13906

IBAN : FR76 1390 6000 0329 7829 8800 021 SWIFT : AGRIFRPP839

