

Les gorges de l'Ardèche South side

For 2 days

Vallon to La Goule or Labastide de virac

Day 1: A 9,12 km walk in the forest on nice tracks
The paths are easy with little difference in altitude.
Day 2: The return is on a very old path of countries
We return to the farm "la Selle" by the suburbs of
Vallon. 9 or 12 km.



For 3 days, the best tour

Vallon to La Goule to Mas de Serret

Day 1: Walk 9 km into the forest by nice tracks
forest. Path GR4. Camping La Goule
Day 2: 6 km walk to the campsite "milles étoiles"
+ 2km to go to the river in the afternoon.
Day 3: Back by the GR4 and other path – 13,5 km
You will return by a different route
from the first day, very easy.



List of accommodation in Vagnas, Labastide of Virac and Orgnac

Where	accomodation	phone	capacity	restauration	pool
Vagnas Day 1 or 2 http://www.vagnas-ardeche.com	<i>Bed and breakfast le mas de la Rude (in the forest)</i>	06 09 97 51 97 claude.leger07@hotmail.com spoken GB	rooms Family from 60€/2pers	yes Meal 16€ breakfast 6€ Picnic 10€	No (small river in spring)
	<i>Camping La rouvière les pins</i>	04.75.38.61.41 www.rouviere07.com spoken GB	Camping familial 16,5 à 27€/2pers.	Oui	Oui
Orgnac Day 2 www.orgnacvillage.com	<i>Hôtel-restaurant** Les Stalagmites (in the village)</i>	+334.75.38.60.67 spoken GB https://www.lesstalagmites.com/uk/hotel-ardeche-uk.html	25 rooms 64 €/2pers	yes	No
	<i>Bed and breakfast*** Les chênes de l'Aven</i>	06.10.85.37.23 www.leschenesdelaven.com spoken GB a little	2 chambres /2 pers. 85€/2pers.	yes	yes
Mas de Serret	<i>Camping and Yourte Milles étoiles</i>	+334.75.38.42.77 www.campingmilletoiles.com spoken GB	Price on website	yes	Not but river near
Labastide de virac Day 1or 2	<i>Camping La goule</i>	+334.75.38.61.24 www.campinglagoule.com spoken GB	25 campsites 17,5 to 33 €/2 pers	Not but Mini Grocery Breakfast picnic	pool Swimwear mandatory

Indicative prices of accommodation can not enter trekane

List of equipment for an adventure in Ardeche with Selou, Nestor, Lulu ...

Physical Preparation

Provide rides for 8 to 15 km twice a week a month before the start, taking a backpack and using the shoes you wear during your hike.

During the march to drink at least two liters of water per stage

My équipement and things

The choice of the three following elements is essential for your comfort and safety

- Walking shoes, rising, good quality and you have already used.

1 Comfortable backpack that you'll back on the day (about 2 kg of water + mobile + camera

1 cap. 1 tube sunscreen).

1 bag or backpack for your clothes. Put the clothes in a garbage bag. In case of rain everything will be dry.- (clothing on you or in the bag)

3 tee-shirts in cotton sweat

1 sweet in polar

3 pants

1 cotton shirt (for evening)

1 lightweight pajamas1 pantalon léger de randonnée avec poches sur côté

2 hiking shorts with pockets also

3 pairs of socks double type two in one, anti bulb

1 parka

1 hiking poncho in case of rain

1 pair of sandals for the evening light

1 sleeping bag

1 bag of 2 liters water to put in the bag with hose (very convenient to drink regularly in small quantities)

- Grooming Kit:

1 small soap

1 small toothbrush

1 small tube of toothpaste

1 towel

- Kit drugs:

1 prescription from your doctor if necessary for your regular medications

1 small scissors

Expect some units of drugs for vomiting, diarrhea, insect bites, headache

- Wash Kit:

1 small tube of liquid detergent for hand washing

1 nylon cord

8 clothespins

1 flashlight

- Documents

1 credit card

1 Identity card

Only Cashout at Vallon Pont d'Arc, but not after.

1 pocket trail map (practical and waterproof)

Do not overload or donkey yourself and your whole crew walk with pleasure.

Donkeys help carry your bags of clothes unless they are too heavy, be reasonable.

PS. the list is an advice.

Booking form

Name : _____

firstname : _____

Address : _____

E mail. _____

Mobile _____

Number of participant : _____

Adults : _____

children : _____ Age : _____

Number donkey rent : _____

Choices tour : _____

Date of hiking : to _____ at _____

Send me a 30% deposit please

Total sent: _____

The balance will be paid on departure

The deposit will not be refundable if

Cancellation by the client, but when used
a subsequent lease of donkeys in the same year.

A possible repatriation will be paid by the customer.

Departures are at 8 pm 30 at the farm.

I have read the Terms and Conditions.

Write at _____ the _____

Signature :

To return to this adress

Trek'âne

Thévenin Martine

324, route des Estrades

07150 Vallon Pont d'Arc

Phone: 0033 687 211 534

**Thank you indicate your
accommodation,**

**This allows us to provide hay and barley
need to donkeys in the relay.**

Day 1:

Day 2:

Day 3:

Day 4:

Meeting the day before the circuit:

2 pm - 3 pm - 4 pm - 5 pm at your
choice

To give you the map + topo + info on
the donkey

Hiring prices for 2025

Hiring for donkey, pack-saddle and itinerary....

1 day / 70 € - 2 days / 135 € - 3 days / 185 €

4 days / 245 € - 5 days / 300 € - 6 days / 360 € - 1 week 390 €

Number bank transfert

Crédit agricole de Vallon pont d'arc - code banque : 13906

IBAN : FR76 1390 6000 0329 7829 8800 021 SWIFT : AGRIFRPP839



Preparation of the departures in hiking...

Before each departure you will be given all the good advice you need to start off on the right foot.
A technical booklet to prepare and feed the donkey will be given to you.

We will of course study the IGN map and the road book together. GPX file on request.

The Iphigénie GPS app is free 7 days and allows you to locate yourself, very practical.

The hikes are unaccompanied and you must know how to navigate with a map, the markings are present but may be damaged, wood cutting or malicious.

Then equipment and loading of your companion, safety instructions.

We will collect the donkeys from the paddock to prepare them for the tethering bar.

Currycombing session (carefully brush the back of the donkey to remove twigs which could injure it under the load) then cleaning of the hooves (good foot) and installation of the pack-saddle.

For a small walk at the day count 1/4 of hour of preparation.

For a course of several days count

1h to 1h30 of preparation.

Departures are made between 8.30 and 9 am.

(We adapt according to the season of course).

Make sure you have all your luggage ready, otherwise last minute sorting can take a long time and your future companion will be impatient. You might as well start out in good conditions for everyone.

Before or after your hike, you can book a night at the farm

Please come and see us the day before for departures of several days, we will then study the route and this will save time for everyone and you will be able to fully enjoy your first day of trekking. You can also bring and pack your bags the day before. You should also bring backpacks, not everything will fit in our bags and the backpacks are very easy to attach to the pack and allow for a narrower harness (useful when the paths are narrow, as is the case on the 1st stage of the Tour des Gorges). Weigh your luggage in advance (picnic and water included) about 25kg to 30kg per donkey. Before loading your donkey has already 10kg of material on its back.

In each relay there will be a paddock for the donkeys as well as the necessary food (barley and hay), it is up to you to feed and water them. Donkey food is included in the rental price.

you can contact us for any additional advice : trekane@orange.fr

